



There is a fishery near our house and I like to order their fried combination platter. The price is \$7.50. Sometimes you get a really filling portion. And sometimes you get enough to make yourself just a little sick of seafood. If they served it "all-you-can-eat" style, I probably would have a little less. However,

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if innocent fish gave their lives to fill this plate, I generally will make the effort. Suffice it to say you get a platter that doesn't quit.

Then there is Red Lobster, a national seafood chain. For about \$10 you can get a combination platter with about half as much seafood as you get at the fishery. Still, if you find you want to be virtuous and have eaten fish for dinner, but don't really want to eat fish, there are the local Spanish and Portuguese restaurants. There the seafood is served in a dish called paella. What they do is bring you a bucket of saffron-cooked rice. Buried in it are nuggets of seafood. **DO NOT ATTEMPT TO EAT THE WHOLE DISH!** If you do, the first glass of water you drink, the rice will swell up, your eyes will pop out, and the little men will pop glass eyes in instead and place you in a diorama at the American Museum of Natural History. No, you eat only a little of the rice. You play Treasure Hunt, digging through the bucket of rice, finding a lobster claw here, a scallop there. I've told my waiter that I want a checklist so I can cross things off on the list as I find them, like in a word-search puzzle. You'd know when you have it all. But then you'd have an inventory and currently you are never really sure how much seafood you are really getting. A lot of it is things like mussels, which are really just clams wearing a coat that's too big. There is a tiny piece of seafood in a big box. There are also the pieces of a build-it-yourself lobster kit, with little tiny pieces of meat in a big ugly shell. (With seafood, the uglier the animal it comes from, the more popular the fish.) Now paella runs about \$14 a bucket and if you pull out all the fish nuggets and put them side by side, you get maybe two-thirds of what you got at Red Lobster.

Now let me tell you what I recently paid over \$23 for. Admittedly, it was in Brussels, but I think you'd find the same thing here. If

I remember there were two appetizers, a main course, and a dessert. The appetizers were a bowl of tomato soup with some fish flavor and a piece of salmon small enough that I could hide it under my index and third finger held together. The main course, fish en brochette, was three cubes of fish about three quarters of an inch on a side and two slices of lemon on a little skewer and served with a little pile of rice. (The dessert was a small cup of chocolate mousse.) I would estimate that at my local fishery, I get roughly eight times as much for less than one-third the price!

"Ah," you say, "but the more expensive restaurants don't just fry up the fish. You're paying for the fine art of gourmet cooking." "Fish feathers!"~I say. Maybe I don't have an educated palate, but I absolutely swear to you that of the four restaurants I mentioned, each one was a little less flavorful than the previous. The best-tasting seafood was at the cheap fishery where, I assure you, the flavor is quite delightful. The Belgian restaurant just served it grilled or put a little bland white sauce on it. You are paying,

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not for good food, but so that you do not have to eat much fish. Less is more.

Till now I've said I hate to see Coca-Cola and McDonalds conquering the world. (I would rarely go to McDonalds in the United States and \_ n \_ e \_ v \_ e \_ r in another country.) But there is a reason why it is happening. Nobody is holding guns to anybody's heads and telling them to eat hamburgers. For years I have thought that the Southeast is the only part of the United States that really has a distinctive and good cuisine. Wrong! American fast food is a distinctive cuisine and, as little respect as it gets at home, it is popular. I have yet to hear someone Chinese say, "Boy, I hate to see all these Chinese restaurants opening in America," but I have heard a lot of Americans who hate to see McDonalds opening elsewhere, and doing a darn good business too.

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Life ... is like a festival; just as some come to the festival to compete, some to ply their trade, but the best people come as spectators, so in life the slavish men go hunting for fame or gain, the philosophers for truth.

-- Pythagoras

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